



# WIC APPROVED FOODS

## - UPDATE -

Effective: 1-1-2010

A complete list of WIC approved foods effective 1-1-2010 is available at <http://www.doh.wa.gov/cfh/wic>

<b>BOTTLED JUICE FOR CHILDREN</b>		
<b>Buy only these brands and types of juice in 64 oz plastic bottles.</b>	<b>Size and container type</b>	<b>X = New</b>
Apple: Albertsons Apple Juice	64 ounce plastic bottle	
Albertsons Apple Juice w/Cal & Vit C	64 ounce plastic bottle	X
Flavorite 100% Apple Juice	64 ounce plastic bottle	X
Fred Meyer Apple Juice 100% Juice	64 ounce plastic bottle	
Haggen 100% Apple Juice	64 ounce plastic bottle	
Hy-Top Apple Juice	64 ounce plastic bottle	X
IGA 100% Apple Juice	64 ounce plastic bottle	X
Kroger Apple Juice	64 ounce plastic bottle	X
Nestle Juicy Juice-Apple	64 ounce plastic bottle	X
QFC Private Selection Apple Juice	64 ounce plastic bottle	X
Safeway 100% Juice Apple Juice	64 ounce plastic bottle	X
Tree Top 100% Apple Juice	64 ounce plastic bottle	
Western Family 100% Juice Apple Juice	64 ounce plastic bottle	
Grape: Albertsons Grape Juice	64 ounce plastic bottle	
Albertsons White Grape Juice	64 ounce plastic bottle	
Flavorite Grape Juice	64 ounce plastic bottle	X
Flavorite White Grape Juice	64 ounce plastic bottle	X
Fred Meyer Grape Juice 100% Juice	64 ounce plastic bottle	
Fred Meyer White Grape Juice 100% Juice	64 ounce plastic bottle	
Great Value 100% Grape Juice	64 ounce plastic bottle	
Great Value 100% White Grape Juice	64 ounce plastic bottle	X
Haggen 100% Grape Juice	64 ounce plastic bottle	
Haggen 100% White Grape Juice	64 ounce plastic bottle	
IGA 100% Grape Juice	64 ounce plastic bottle	X
IGA White Grape Juice	64 ounce plastic bottle	X
Kroger Grape Juice	64 ounce plastic bottle	X
Kroger White Grape Juice	64 ounce plastic bottle	X
Safeway 100% Juice Grape Juice	64 ounce plastic bottle	
Safeway 100% Juice White Grape Juice	64 ounce plastic bottle	
Welch's 100% Grape Juice	64 ounce plastic bottle	X
Welch's 100% White Grape Juice	64 ounce plastic bottle	X
Welch's Red 100% Grape Juice	64 ounce plastic bottle	X
Western Family 100% Juice Grape	64 ounce plastic bottle	
Western Family White Grape Juice	64 ounce plastic bottle	X
Orange: Any Brand of 100% Orange Juice	64 ounce plastic bottle	
Pineapple: Albertsons Pineapple Juice	64 ounce plastic bottle	
IGA Pineapple Juice	64 ounce plastic bottle	X
Langers Pineapple Juice 100% Juice	64 ounce plastic bottle	
Safeway 100% Juice Pineapple Juice	64 ounce plastic bottle	X
Western Family 100% Juice Pineapple Juice	64 ounce plastic bottle	

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**Washington WIC does not discriminate.**

